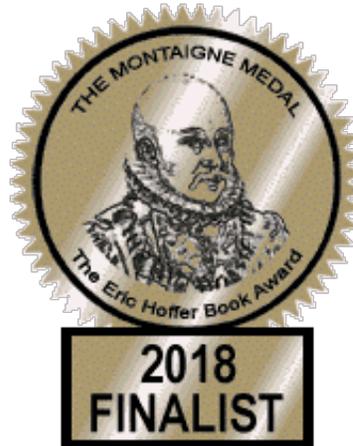
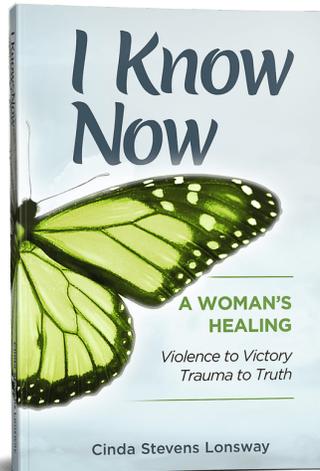




FOR IMMEDIATE RELEASE

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new72media Author Cinda Stevens Lonsway a Finalist for TWO Prestigious Eric Hoffer Book Awards: The “Montaigne Medal” & “First Horizon Award”



Oregon author Cinda Stevens Lonsway’s three-part story of survival, healing and profound spiritual awakening, *“I Know Now: A Woman’s Healing...Violence to Victory...Trauma to Truth”*, published by new72media, is a finalist for two prestigious book awards: The [Eric Hoffer Book Award Montaigne Medal](#) and the [Eric Hoffer First Horizon Award](#).

Each year, the [Eric Hoffer Award](#) presents the Montaigne Medal to the most thought-provoking books that either illuminate, progress or redirect thought. The winner of the Montaigne Medal will be announced April 23, 2018. The First Horizon Award recognizes superior work by debut authors. The winner of the First Horizon Award will be announced May 8, 2018.

“I Know Now” proves healing is possible after a harrowing #MeToo Experience. On a cold autumn night in 1981, 19-year-old Cinda wakes to a stranger. He attacks. For three hours, she uses her wits to defend and prevent his multiple attempts to rape and kill her. After she tricks him into leaving, another real nightmare begins. Fear-filled days and weeks of suspense follow as the perpetrator stalks her. Despite the dedicated work of police and a caring detective, attempts to catch him are unsuccessful.

After years of pretending the incident never happened, a storm of events crashes into Cinda’s life bringing with it horrific memories. Now a mother of two young children, Cinda tries to keep her family safe as the unresolved trauma surfaces. Struggling with a sense of endangerment, vulnerability and fragile sanity, she collapses in despair and surrenders to her demons. But, instead of the devil, a benevolent power shows up. Mystical and magical forces guide her through a profound ritual of healing.

Now in mid-life, Cinda is once again awakened in the middle of the night. This time she is not afraid. She hears a message: "It is time. Look for the signs." She spends the next two years looking back over her life using a process she calls 'sacred insight.' What she learns, and the signs she finds, reveals profound truths.

Did you know that signs are everywhere and occur for everyone?

A story of survival, sacred healing and profound awakening, this memoir is filled with wisdom and insight. Cinda's story can save lives, enable healing and bring about spiritual enlightenment. For women who are seeking to overcome trauma, engage their healing process and live with attention, intention and joy, this book, "I Know Now" is your story.

About [Cinda Stevens Lonsway](#)

Cinda Stevens Lonsway has passion for writing, storytelling and speaking about the truths she's discovered as a woman. Being a daughter, friend, student, employee, volunteer, traveler, hostess, wife, and mother, Cinda writes of these experiences to empower readers. She also works as a spiritual counselor, workshop facilitator and speaker. A profound source of joy for Cinda is speaking with women who've awakened to their spiritual calling and seek spiritual guidance, counseling, and validation.

In 2008, Cinda had an opportunity to speak with Oprah Winfrey and Eckhart Tolle in the first-ever worldwide show webcast in honor of his book, *A New Earth: Awakening to Your Life's Purpose* (2005). She asked Eckhart: "When you say 'evolve or die,' do you mean that literally?" His answer was affirmative. In that moment, Cinda dedicated her life to the evolution of her spirit, and has assisted others to evolve.

Since then, she's created multiple workshops that support the spiritual growth of all individuals. In 2010, during a massive oil spill in the Gulf of Mexico, Cinda penned "[ROARI!](#)" a powerful rhythmic call to action for women, and posted it on social media. After it went viral, Cinda offered to teach all those eager to find their voice, and to "roar" against all injustice, including that against planet Earth. The collective responses will soon be featured in an upcoming publication by Stevens Lonsway.

Cinda lives in Portland, Oregon with her husband, two adult sons, a Golden Retriever, and a high-maintenance cat. She is now writing nonfiction, novels and stories for children.

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new72media author [Cinda Stevens Lonsway](#), is available for interviews, speaking engagements and events. Please contact Francine Raften at 503-720-2034 or francine@new72media.com.



new72media is an organization whose goal is to provide a global platform for individuals from all over the world, representing the Greater Collective, to connect, co-create and collaborate and share their message with others, aiding in the eXpansion of high vibrational thought, intention, acceptance, and healing of the world. This is accomplished via specific branches within new72media including [Directory of The Collective](#), [Portal of Awareness](#), [Publishing](#), [Branding](#), [Events](#) and [Radio](#).

The ancient number 72 ($7+2=9$) carries the vibration of light. The intention of new72media is to collaborate with a collective composed of individuals who honor the frequencies and vibrations of integrity, respect, honesty and trust.